

Bass Clef Sight-Reading Exercise Worksheet

Instructions:

In this exercise you will work through five different levels of sight-reading ability. You may wish to print four copies of the music sheet for the exercise. As you play the exercise remember to take the repeat at the end. The exercise ends on the whole note in the last measure.

Things to keep in my as you read and play through the exercise:

- **Play at a steady tempo.** Regardless of how fast you are able to play the exercise, steadiness of tempo is the most important aspect of sight-reading.
- **Use a metronome as you play.** If you do not have one use an online metronome listed on the resources page at: <http://oneminutemusiclesson.com/resources/>
- **Tap your foot in Levels 1 and 2.** However, do not tap your foot in Levels 3 through 5. Also be aware if your body is pulsing with the beat. Are you nodding your head? Try to remain still in your body movements beyond Level 2.
- **Begin with Level 1.** Work your way through each level one at a time. If you have any questions or experience difficulty email any questions you may have to Leon Harrell at oneminutemusiclesson@gmail.com

Level 1:

Write in all the letter names of the notes with a pencil. Play the exercise on your instrument at a tempo of quarter note equals 60.

Level 2:

Write in only the letter names of the first note in each measure. Play the exercise on your instrument at a tempo of quarter note equals 60.

Level 3:

Write in only the letter names of the first note in each line, or **system** of the music. Play the exercise on your instrument at a tempo of quarter note equals 70.

Level 4:

Don't write in any letter names. Read ahead by one note as you play the music. Play the exercise on your instrument at a tempo of quarter note equals 70.

Level 5:

Don't write in any letter names. Read ahead by one measure as you play the music. Play the exercise on your instrument at a tempo of quarter note equals 80.

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www.OneMinuteMusicLesson.com

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The worksheet consists of ten horizontal musical staves, each containing a sequence of notes and rests. The first staff begins with a bass clef and a 4/4 time signature. The notes and rests are arranged in a way that allows for a variety of rhythmic and melodic patterns to be practiced. The exercises progress from simple quarter-note runs to more complex patterns involving eighth and sixteenth notes, and finally to a concluding measure with a double bar line and repeat sign.