**Alcohol and Other Drug Use Prevention Resources**

 *“90% of people with a substance use disorder started using alcohol or*

 *drugs before they turned 18.”* —addictionpolicy.org

* To learn more about the importance of delaying use while the adolescent brain is still developing, check out this informative video: [**www.addictionpolicy.org/post/what-is-prevention**](https://www.addictionpolicy.org/post/what-is-prevention)
* To Learn more about the basic tenets of prevention, check out this short video:

[**Learn About Prevention – Prevention Action Alliance**](https://preventionactionalliance.org/learn/about-prevention/)

* To Learn more about what teachers can do to prevent addiction, check out this short video

[**7 Things Teachers Can Do to Prevent Addiction**](https://www.youtube.com/watch?v=DYy-6fu_a1c)



**Empower Parents/Caregivers with Substance Use Prevention Guidance**

* “How Do You Really Keep Your Kids Safe from Addiction” Toolkit and Video:

[**www.addictionpolicy.org/post/10-things-parents-can-do**](http://www.addictionpolicy.org/post/10-things-parents-can-do)

* Ohio resources available to help you *Start Talking!* to your youth about the risks associated with drugs, including prescription medicines:

[**State of Ohio Start Talking > Family**](https://starttalking.ohio.gov/Family)

* StarkMHAR resources to share with parents/caregivers featured on their starkmhar.org website:

[**Safe Home Tips & Resources**](https://starkmhar.org/prevention-resources/safe-home/)[**Drug Use Talking Points**](https://starkmhar.org/help/drugabusetalkingpoints/)

* Parent tools in both English & Spanish on alcohol and cannabis impact on the brain:

[**How Alcohol Affects the Brain – Ask, Listen, Learn – Resources for Parents**](https://asklistenlearn.org/teachers/teaching-effects-alcohol-brain/)

**Empower Educators with Substance Use Prevention Resources**

* Ohio Attorney General’s office 2018 prevention guidance document:

[**Drug Use Prevention Education Resource Guide for Schools**](https://www.ohioattorneygeneral.gov/Files/Publications-Files/Publications-for-Schools/Drug-Use-Prevention-Education-Resource-Guide)

* Ohio Department of Education Recommendations to fulfill HB 367: Opiate Abuse Prevention

[**Opioid Abuse Prevention | Ohio Department of Education**](http://education.ohio.gov/Topics/Learning-in-Ohio/Health-Education/Opioid-Abuse-Prevention)

* Health and Opioid Abuse Prevention Education (HOPE) K-12 Curriculum developed for schools to meet the requirements of [House Bill 367](http://education.ohio.gov/Topics/Learning-in-Ohio/Health-Education/Opioid-Abuse-Prevention). [**State of Ohio Start Talking > Schools > The HOPE Curriculum**](https://starttalking.ohio.gov/Schools/The-HOPE-Curriculum)
* Free K-12 Digital Lessons on everfi.com

[**Prescription Drug Safety Training for High School Students**](https://everfi.com/courses/k-12/prescription-drug-safety-high-school/)

* Resources for teachers to educate both students and parents on the impact of alcohol and cannabis on the brain:

[**How Alcohol Affects the Brain – Resources for Teachers**](https://asklistenlearn.org/teachers/teaching-effects-alcohol-brain/)

* Teacher Resources to support alcohol and drug prevention from the Upper Arlington Coalition:

[**The Stand Projectua.org/Teacher Resources**](https://www.thestandprojectua.org/teacher-resources)

* Drug Policy Alliance’s interactive and remote learning curriculum supports honest conversations about drugs that equip students with the skills to navigate their risks.

[**Safety First: Real Drug Education for Teens**](https://drugpolicy.org/resource/safety-first-real-drug-education-teens)

* Stanford Medicine’s Marijuana & Cannabis Awareness and Prevention Toolkit

[**About | Cannabis Awareness and Prevention Toolkit**](http://med.stanford.edu/cannabispreventiontoolkit/about.html)

* Free K-12 Digital Lessons on everfi.com

[**AlcoholEdu - Underage Drinking Prevention**](https://everfi.com/courses/k-12/alcoholedu-awareness-prevention-high-school/)

* Browse books for kids and teens about alcohol and drug abuse on Commonsensemedia.org:

[**Books for Kids and Teens About Alcohol and Drug Abuse**](https://www.commonsensemedia.org/lists/books-for-kids-and-teens-about-alcohol-and-drug-abuse)



**Empower Youth with Substance Abuse Prevention Peer Support**

* C&A’s Youth-led, adult-guided leadership development group focusing on promoting and celebrating healthy lifestyles. Seeking Interested Youth!

[**Stark County Youth Led Prevention – Child & Adolescent Behavioral Health**](https://www.childandadolescent.org/services/stark-county-youth-led-prevention/)

* Evidence Based Substance Use Prevention School-Based Programs for Tier 2 students that are funded in part by StarkMHAR. Contact StarkMHAR at 330-455-6644 for more information.

[**All Stars Prevention**](https://www.allstarsprevention.com/)[**Botvin LifeSkills Training**](https://www.lifeskillstraining.com/)

* Check Out the Area Al-Anon and AlaTeen meetings or look into making them available on site at your school:

[**Ohio Al-Anon District 48 – Canton Area Info & Schedule**](http://ohioafg48.org/)

**It Takes A Community**

* Join the community in the alcohol and drug use prevention efforts in a coalition led by StarkMHAR:

[Drug Free Stark County](https://starkmhar.org/programs/coalitions/drug-free-stark-county/)